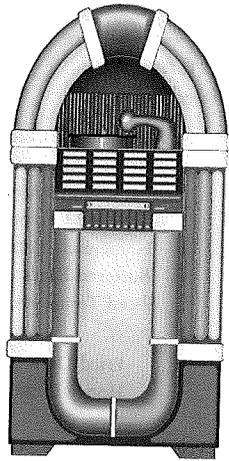


*Southern Kitchen  
Restaurant*

9576 South Congress Street (Rt. 11)  
New Market, VA 22844  
Exit 264 off Interstate 81  
(540) 740-3514

**Stop in and try some real  
Home cooking today!!**



*Rock n' Restaurant*

**Hours**

Open 7 Days A Week: 7:00 am.–9:00 pm.  
Call Ahead For Take Out Orders

**(540) 740-3514**

**We accept Visa, & MasterCard.**

**Sorry NO CHECKS.**

The Newland Family Has Been Serving  
The Shenandoah Valley Since 1955

**\* Good Morning !!!**  
Breakfast served until 11:00 am.

- Virginia Man's Breakfast – Country Ham (salty) .....
  - Farm Hand Breakfast – 6 oz. Sirloin Steak .....
  - Hungry Man – Chicken Fried Steak with Country Gravy .....
- Above meals served with – Two Eggs, Home Fries, Toast & Juice.

**Gravy & Biscuits**

- Served with Fresh Sliced Home Fries
- Homemade Country Sausage Gravy – One Biscuit / Two Biscuit .....
- Chip Beef Gravy over Toast – One Slice / Two Slice .....

**\* Breakfast Suggestions**

- One Egg or Two Eggs with Toast .....
- One Egg or Two Eggs served with Bacon, Sausage or Western Ham & Toast .....
- One Egg or Two Eggs served with Virginia Country Ham (salty) & Toast .....
- Cereal & Milk .....
- Oatmeal & Milk .....
- French Toast – 3 Slices with Powdered Sugar .....

**\* Omelettes**

- All Omelettes Served with Toast
- Cheese .....
- Ham .....
- Ham & Cheese .....
- Western – Ham, Peppers, Onions & Cheese .....
- Veggie – Cheese, Onions, Peppers, Tomatoes, Mushrooms..
- California – Avocado, Mushrooms & Jack Cheese .....

**\* Breakfast Sandwiches**

- Egg .....
- Bacon & Egg .....
- Bacon, Egg, & Cheese .....
- Sausage, Egg & Cheese .....
- Western Ham & Egg .....
- Virginia Ham & Egg .....
- Sausage & Egg .....

**Substitutions**

- You may substitute your eggs or toast for,
- Egg Beaters .....
- Biscuits or English Muffin .....

**\* Hot Cakes**

- One or Two Blueberry Hotcake's .....
- Three Hotcake's or Three Hotcake's & Two Eggs .....
- Three Hotcake's served with Bacon, Sausage or Western Ham .....
- Three Hotcake's served with Virginia Country Ham (salty) .....
- Two Buckwheat Cakes .....

**\* Ala Carte**

- Cup of Chip Beef Gravy .....
- Cup of Sausage Gravy .....
- Fresh Made Sausage Patty .....
- Three strips Bacon .....
- Western Ham .....
- Virginia Country Ham (salty) .....
- One Egg .....
- Grits .....
- Home Fries .....
- Toast .....
- English Muffin .....
- One Biscuit .....
- Two Biscuits .....
- Fresh Scrapple .....
- One Hot Cake .....
- Buckwheat Cake .....
- One Slice French Toast .....

**\* Consuming raw or undercooked meats, poultry, eggs and seafood may increase your risk of food-borne illness, especially if you have certain medical conditions. Please alert your server of any food allergies prior to ordering. We are not responsible for an individual's allergic reaction to our food or ingredients used in food items.**

**\* Burgers**

Our burgers are fresh hand pattied ¼ pounder's & Served with lettuce, tomato, pickles & chips

- Hamburger .....
- Cheeseburger .....
- Bacon Burger .....
- Bacon Cheeseburger .....

**\* Burger Platters**

- Avocado Burger .....
- Served with avocado, jack cheese, lettuce, tomato, dill pickle & french fries.
- Hamburger Peach Plate .....
- Hamburger on a toasted bun, with peach half, cottage cheese, & chips.
- Open Face Hamburger .....
- With lettuce, tomato, onion & french fries.
- Open Face Garden Burger .....
- With lettuce, tomato, onion & potato wedges.

**\* Sandwiches**

- All sandwiches served with pickles & chips.
- Grilled Cheese .....
- Ham & Cheese .....
- Fried VA Country Ham (salty) .....
- Homemade Chicken or Tuna Salad .....
- Baked Ham .....
- Sliced Turkey .....
- Three Decker Club.....
- B.L.T .....
- Fish .....
- Pork BBQ topped w/ coleslaw ..
- Peanut Butter & Jelly .....

**\* Sandwich Platters**

- Reuben .....
- Corn beef, sauerkraut, 1000 island dressing served on rye bread with french fries.
- Sirloin Steak Sandwich .....
- Lettuce, tomato, & mayo on a hoagie bun with potato wedges.
- Hot Roast Beef or Turkey Sandwich .....
- Smothered in gravy, served with french fries or mashed potatoes.
- Open Face Chicken Fillet .....
- Fried or broiled with tomato, lettuce & potato wedges.
- Trailblazer (Steak 'um) .....
- Served on a hoagie bun with lettuce, tomato, fried onions, swiss cheese & 1000 island & potato salad.
- Homemade Crab Cake .....
- Served on a Bun with lettuce, tomato, tartar sauce & french fries.

Menu and prices subject to change without notice.

**\* Soup n' Stew**

- Homemade Peanut Soup ..... Cup - / Bowl -
- Homemade Vegetable Beef Soup ..... Cup - / Bowl -
- Homemade Chicken Noodle Soup ..... Cup - / Bowl -
- Oyster Stew .....  
Made w/fresh oysters & smothered in a creamy, buttery broth.

**\* Salads**

- Fresh House Salad .....  
Lettuce, red onions, cucumber, tomato wedge, & croutons.
- Homemade Chicken or Tuna Plate .....  
Served with lettuce, tomato, cucumbers & hard-boiled egg.
- Large Chef Salad .....  
Lettuce, ham, turkey, shredded cheese, tomato & hard-boiled egg.
- Small Chef Salad .....  
Lettuce, ham, turkey, shredded cheese & tomato.
- Pineapple & Cottage Cheese or Peach & Cottage Cheese ...  
On a bed of lettuce.
- Chicken Fillet Salad - Broiled or Fried .....  
Served on a fresh bed of lettuce, topped with shredded cheese, tomatoes, & swiss cheese strips.
- Fruit Plate .....  
Assorted fruit with cottage cheese.

**Salad Dressing Choices**

- |                                   |               |
|-----------------------------------|---------------|
| Blue Cheese                       | Ranch         |
| 1000 Island                       | French        |
| Sweet n' Sour                     | Italian       |
| Honey Mustard                     | Oil / Vinegar |
| Extra Salad Dressing: (2 oz.) ... |               |

**Desserts**

- Funnel Sticks (10) With powdered sugar.....
- Cheesecake.....  
Blueberry or Cherry Topping .....Extra
- Fruit Pies .....
- Ice Cream ..... (1) - / (2) -
- Ice Cream Sundaes .....  
Chocolate, Strawberry, or Pineapple
- Homemade Grapenut Pudding .....
- Root Beer Float .....
- Homemade Meringue Pies .....
- Banana Split .....
- Hot Fudge Sundae .....

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**\* Starters**

- Breaded Onion Rings .....
- Mozzarella Sticks - Served w/marinara sauce .....
- Hush puppies ..... (6) / (12)
- Fried Mushrooms - Lightly breaded & served w/ranch dressing ....
- Fried Green Beans - Lightly breaded & served w/ranch dressing ...
- Buffalo Wings - Served with celery sticks & blue cheese dressing ..... (6) / (12)
- Boneless Buffalo Wings - Served with celery sticks & blue cheese dressing ..... (6) / (12)

**\* Wraps**

- Buffalo Chicken Wrap .....  
Breaded chicken strips tossed in our spicy wing sauce then wrapped with lettuce, tomato, onions, and our house blue cheese dressing in a flour tortilla. Served with french fries.
- Veggie Wrap .....  
Onion, tomato, cucumbers, avocado spread and leaf lettuce all wrapped up in a flour tortilla. Served with french fries.
- Tuna Salad Wrap .....  
Our homemade tuna salad, with lettuce, tomato & mayo. Served with french fries.
- Chicken Salad Wrap .....  
Our homemade chicken salad, with lettuce, tomato & mayo. Served with french fries.
- Rancho Wrap-Broiled Chicken .....  
Bacon, onion, cheddar cheese, lettuce, tomato & ranch dressing. Served with french fries.

**\* Lloyd's Famous Fried Chicken Is Our Specialty!**  
Served with Baked Potato & Garden Salad or Two Vegetables.

- |                           |                      |
|---------------------------|----------------------|
| Breast, Thigh & Leg ..... | Breast & Wing .....  |
| Thigh & Leg .....         | Chicken Livers ..... |

**\* Charbroiled Sizzlin Steaks**

- All Steaks are Fresh Cut in House!! No Steak Guaranteed Past Medium Well. Served with Baked Potato & Garden Salad or two Vegetables
- |                                  |                                     |
|----------------------------------|-------------------------------------|
| Rib-eye Steak - 12 oz. cut ..... | Delmonico Steak - 8 oz. cut .....   |
| Mini Steak - 6 oz. cut .....     | Steak for Two - 22-24 oz. cut ..... |
| Add Fried Onions to any steak    |                                     |
| A house Favorite!!               |                                     |

**\* Seafood Selections**

Served with Baked Potato & Garden Salad or two Vegetables.

- |                                   |   |
|-----------------------------------|---|
| Fillet of Tilapia - Broiled ..... | 8 Jumbo Shrimp .....                        |
| Shrimp in The Basket .....        | Fried Oysters - In Season .....             |
| Homemade Crab Cakes .....         | Seafood Platter .....                       |
| Your choice One or Two            | Crab cake, Clams, Shrimp, Scallops & Oyster |
| Broiled Rainbow Trout .....       | Broiled Whole Baby Flounder .....           |
|                                   | Stuffed with Crab Meat.                     |

**\* Home Style Dinners**

Served with Baked Potato & Garden Salad or two vegetables.

- |                              |  |
|------------------------------|--|
| Pork Chops .....             | Virginia Country Ham Steak .....                           |
| Two center Cut Pork Chops.   | Local Virginia Country Cured Ham (salty).                  |
| Baked Western Ham .....      | Roast Beef & Brown Gravy .....                             |
| Served with raisin sauce.    | Freshly cooked Roast Beef, A House Favorite!!              |
| Beef Liver .....             | Hamburger Steak .....                                      |
| Smothered with Fried Onions. | Served with Mushroom Sauce.                                |
| Chicken Fried Steak .....    | Broiled Chicken Fillet Dinner .....                        |
| Smothered in Country Gravy.  | Served with Sliced Tomatoes on a Bed of Lettuce.           |
| Chicken Strips (5) .....     | Pork BBQ Ribs - Half Rack .....                            |
|                              | Slow cooked & basted in Southern Kitchen's Signature Sauce |
|                              | Served Fri 5 - 9 pm, Sat & Sun 11 am - 9 pm                |

**\*\* ON PARTIES OF SIX OR MORE, A 20% GRATUITY WILL BE ADDED TO YOUR CHECK.**

**\* Small Appetites**

Served with your choice of one vegetable, or Substitute with an up charge for a Baked Potato ... or House Salad ...

- Pork Chop (1) .....
- Fried Haddock .....
- Western Ham .....
- Roast Beef Dinner .....
- Chicken Strips (3) .....
- Virginia Country Ham (salty) .....
- Half Hot Roast Beef or Turkey Sandwich .....
- Shrimp Basket .....
- Lloyd's Famous Fried Chicken - Thigh & Wing .....
- Lloyd's Famous Fried Chicken - Breast & Wing .....

**Side Choices**

Any item listed below -

- |                        |                          |
|------------------------|--------------------------|
| Green Beans            | Homemade Coleslaw        |
| Buttered Corn          | Homemade Stewed Tomatoes |
| French Fries           | Fresh Sliced Home Fries  |
| Mashed Potatoes        | Buttered Carrots         |
| Applesauce             | Homemade Potato Salad    |
| Potato Wedges          | Buttered Beets           |
| Yams                   | Sliced Tomatoes          |
| Cottage Cheese         |                          |
| Baked Sweet Potato ... | Fried Onions ....        |
| Baked Potato .....     | Honey Butter ....        |

Baked Potato & Sweet Potato  
Available Mon-Fri (5-9) Sat & Sun (11-9)

**Beverages**

- Coffee .....
- Sweet / Unsweet Tea .....
- Soft Drinks - Canned .....
- Milk - Sm / Lg .....
- Milk Shake .....
- Malted Milk Shake .....
- Hot Tea .....
- Hot Chocolate .....
- Bottled Water .....
- Juice - Sm / Lg .....

**Beer & Wine**

- Domestic / Imported .....
- Tom's Brook Red (Local) / Merlot .....
- Chardonnay / White Zinfandel